

What You Can Compost



Zero Waste
Houston



Compost



Food

- Coffee Grounds/Filters 
- Moldy & Freezer-burned Food 
- Dairy & Egg Shells 
- Fried Food 
- Meat & Bones

- Fruit & Vegetables (no stickers) 
- Bread/Grains 
- Nuts/Seeds 
- Seafood/Shells 

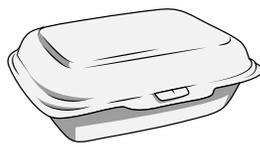
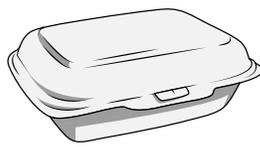
Non-Food

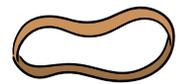
- Compostable Bags 
- Compostable Cups 
- Paper Napkin/Towels 
- Compostable Utensils 

- Tea Bags (no staple/ no synthetic) 
- Newspaper 
- Hair & Fur 
- Old Flowers (no rubber band) 



NOT Compost = Contamination

- Stickers: Fruit, Vegetables 
- Glossy Papers 
- Tape 
- Styrofoam 
- Plastic & Plastic Wrap 
- Plastic Bags 

- Rubber Bands 
- Glass 
- Metal: Staples, Paper Clips 
- Gloves & Masks 

This list is not all inclusive but can be used as a general reference.

For more information, please visit our website at:
www.zerowastehouston.com

